

## Prevention Strategies

- Contact participants in advance.
- Be prepared:
  - Know your content
  - Set up the room
  - Test all of your AV equipment
  - Flip charts, supplies, handouts, etc. ready
- Review the agenda at the beginning of the group.
- Let parents know when you will have a break or snack.
- Use strategic seating arrangements for comfort and to encourage participation.
- Establish yourself as a credible facilitator by letting families know your qualifications and your commitment to parenting education.
- Establish group agreements.