Fidelity Checklist for Facilitators

Facilitators and program coordinators can use this checklist during the planning, implementation, and assessment phases of offering a parenting education series. This checklist is based on the efforts of RMC Research and Oregon State University to use research in defining best practices in implementing parenting education programs including multi-session series. More information about the indicators in the checklist can be found in the **Guide to Fidelity Checklist for Facilitators**. *In addition, RMC Research's full user guide,* **How to Rate Fidelity to Best Practices in Parenting Education***, can be found on the Oregon Parenting Education Collaborative (OPEC) website at* www.orparenting.org.

Prior to Implementing a Series

Content of curriculum	Yes	Somewhat	No	NA	Comments
1. Use of evidence-based parenting education curriculum					
2. Materials allow parenting educators to personalize content and learning					
3. Curriculum includes child development information relevant to parenting skills					
4. Curriculum focuses on specific, practical parenting skills					
5. Curriculum promotes positive family interaction					
6. Parental self-care is part of curriculum					
7. Curriculum includes assessment of parenting strengths and needs					
Format of services					
8. Parenting education curriculum is delivered using interactive approaches					
9. Curriculum provides opportunities to practice skills between parents and children					
10. When enrolling families, efforts are made to ensure that the series is a good match for their content needs and (child's) age					
Trained educators					
11. Completed formal training in the specific curricula being taught					
Service delivery					
12. Use locally informed outreach and marketing					

Assessment

Ongoing assessment of curriculum implementation	Yes	Somewhat	No	NA	Comments
13. Organization requires assessment of fidelity to each evidence-based parenting education curriculum					
14. Standard parenting educator evaluations are collected on a regular basis for each educator					
15. Data are collected to document session attendance and participant retention					
Outcome measurement					
16. Parenting educators or organization staff measure changes in family outcomes					
17. Parenting educators or organization staff measure changes in family outcomes using measures specific to the parenting education curriculum					
Data systems are established and influence implementation					
18. Parenting educators and other organization staff have regular opportunities to review process and outcome data, assess progress, and make program improvements					
19. Parenting educators review participant evaluations					

During Implementation: Programming

Format of services

20. Group size is consistent with recommendations from the curriculum vendor				

Organizations provide a supportive infrastructure

21. Adequate staffing for parenting education series				
22. Sufficient program manuals and materials for program implementation are available				
23. Administrative support is available and sufficient to support program implementation				
24. Adequate staffing for child/youth education or for child care provided during parenting education series				

Service delivery retention

25. Quality of childcare is monitored				
26. Follow-up contact is made with families who miss a session				

Curriculum fidelity items dosage & adherence

27. Number of sessions is consistent with *recommendation* of the evidence-based parenting education curriculum				
28. Duration (amount of time) in each session is consistent with evidence based parenting education curriculum				
29. Consistent methods are used to determine if key content is covered during a series, as identified by the parenting education curriculum				

During Implementation: Facilitation

Parenting educators project positive personal and interpersonal qualities

30. Use active listening skills				
31. Demonstrate linguistic competence with limited-English speaking participants				
32. Exhibit familiarity with range of family and community values				
33. Well prepared for session				
34. Exhibit positive interpersonal skills				
35. Maintain a positive learning environment				

Responsiveness of educator to parenting needs

36. Goal setting is facilitated during sessions, & progress is discussed				
37. Parenting educator tailors delivery in response to group needs, without altering critical components of curriculum				

ABOUT THE SERIES

Curriculum Used:

Dates:

Location:

Facilitator:

Number of parents attending:

Upon completion of the series, return this checklist to: