



**OREGON
PARENTING
EDUCATION
COLLABORATIVE**

THE COLLINS FOUNDATION
THE FORD FAMILY FOUNDATION
MEYER MEMORIAL TRUST
THE OREGON COMMUNITY FOUNDATION
OREGON STATE UNIVERSITY

Cumulative Hub Outcomes

July 1, 2010—June 30, 2016

Reaching Families

5,401 parents attended 653 evidence-based parenting education series funded by the OPEC grant

In addition, OPEC grantees reported results from 9,579 parents who attended 1,011 series supported by other funds or partnerships

5,437 new families were reached through home visits

35,765 parents participated in 1,180 workshops

166,013 individuals attended 1,135 family activities

179,034 family members attended support activities such as parent/child interaction groups

Family Outcomes

Parents reported significant improvement in their parenting skills

Parents also reported significant improvement in their child's behavior

Parents stuck with the classes. 92% of the parents completing Parenting Skills Ladders (PSL) reported attending 70% or more of their series

97% of the parents found the classes to be helpful

97% would recommend the classes to others

Demographics

69% women; 24% men (7% did not specify gender)

67% White; 17% Hispanic; 4% Native American; 1% Black/African American; 1% Asian; and 10% Other/Non-Specified

62% parenting with a partner; 24% parenting alone; 14% did not specify

62% of the families completing PSLs utilized at least one service designated for low-income households



Building Community Capacity

Input from over 7,100 parents and 400 community partners was collected to identify strengths and gaps in parenting education in Hub regions.



A diversity of community agencies are partnering with the OPEC initiative including:

- Schools
- Faith-based Community
- Health Departments
- Head Starts
- Department of Human Services
- Child Care Centers
- Community Colleges
- Family Relief Nurseries



Community partners indicate the OPEC initiative is:

- Creating community awareness of the importance of parenting education
- Reducing the stigma associated with parenting education
- Building a common vision for parenting education
- Sharing resources to implement programming
- Coordinating efforts to avoid duplication of services
- Expanding parenting education opportunities
- Increasing access for targeted parent populations
- Enhancing the quality of parenting education programs

Increasing Organizational Capacity

- Coordinators hired for each Hub to facilitate collaboration, coordination, and program planning
- Websites and social media tools developed to reach parents and community members
- Advisory groups established to guide local initiative
- 792 facilitators trained in evidence-based curricula
- \$17.4 million dollars of new funds and in-kind support leveraged

Cumulative Small Grant Outcomes

July 1, 2010—June 30, 2016

Reaching Families

| Programming | Small Grants (Cohort 1) 2010-2013 | Small Grants (Cohort 2) 2013-2016 | Total |
|--|-----------------------------------|-----------------------------------|--------|
| OPEC Series | 90 | 117 | 207 |
| Parents Attending OPEC Series | 814 | 1,350 | 2,164 |
| Number of New Families Served Through Home Visits | 496 | 337 | 833 |
| Number of Workshops | 77 | 53 | 130 |
| Parents Attending Workshops | 1,023 | 1,009 | 2,032 |
| Number of Family Activities | 273 | 146 | 419 |
| Parents/Children Attending Family Activities | 12,265 | 12,053 | 24,318 |
| Parents/Children Attending Parent Support Activities | 2,951 | 1,914 | 4,865 |

Family Outcomes (July 1, 2010—June 30, 2016)

Parents reported significant improvement in their parenting skills

Parents also reported significant improvement in their child's behavior

Parents stuck with the classes. 889% of the parents completing Parenting Skills Ladders (PSL) reported attending 70% or more of their series

98% of the parents found the classes to be helpful

98% would recommend the classes to others

Demographics (July 1, 2010—June 30, 2016)

70% women; 27% men (3% did not specify gender)



30% White; 44% Hispanic; 7% Asian; 9% Black/African American; 2% Native American; and 8% Other or Non-Specified

66% parenting with a partner; 27% parenting alone; 7% did not specify

80% of the families completing PSLs utilized at least one service designated for low-income households



Quotes from Parents

"I am a more nurturing father."

"I listen better to my children and am able to communicate with them."

"I am more patient, understanding and involved with my child."

"I've become more nurturing and loving."

"I am calmer and now able to keep my head in during stressful situations."

"My children seem to be happier, more empathetic, and follow directions better."

Quotes from Community Partners

"We're able to be more efficient with our resources, avoiding duplication and really look at meeting the needs of the community."

"Parenting education has become more of a norm in the community and the parents start asking for more topics and wanting more and more."

"Community members know where to go to the services they need and have a say in the services they want."